

Five Pillars Support Checklist

For supporters helping young people in foster care move toward school, career, stability, and belonging.

Use this checklist as a planning aid with trusted partners. It is not a replacement for a case plan, school plan, counseling, legal advice, financial aid guidance, or the young person’s own voice.

Privacy note: do not write full names, diagnoses, case details, school schedules, trauma details, or other sensitive private information on a shared or printed copy.

Done	Pillar	Practical need to check	Examples supporters can fund or provide	Privacy-safe proof to track
<input type="checkbox"/>	Basic Human Needs	Safe place to stay; food; hygiene; clothing; documents; transportation; health access; technology or internet access.	Emergency essentials; school supplies; bus passes; ID replacement; weather-appropriate clothing; basic technology.	Receipts; items provided; rides funded; referrals completed.
<input type="checkbox"/>	Love & Belonging	Trusted adults; sibling or family connection when appropriate; identity-safe spaces; strengths-based encouragement.	Connection kits; caregiver support; mentor training; safe gathering spaces; culturally affirming opportunities.	Contacts supported; participation; approved youth or caregiver feedback.
<input type="checkbox"/>	Community Support	Coordinated referrals; transportation; interpretation; disability accommodations; mental health supports; legal or documentation referrals.	Partner navigation; interpretation; logistics support; case coordination tools; appointment support.	Referral completion; appointment attendance; partner reporting.
<input type="checkbox"/>	Education	School stability; enrollment; records; credits; tutoring; technology; college and career planning.	Tutoring; laptops; transcript support; application costs; scholarship navigation; school supplies.	Support hours; credits recovered where appropriate; privacy-safe progress notes.
<input type="checkbox"/>	Enrichment Programs	Arts; music; outdoor activities; leadership; clubs; hobbies; rest and joy.	Fees; gear; instruments; camp support; transportation; activity supplies.	Enrollment; participation; completion; privacy-safe feedback.

Use this space for next steps that do not include private personal details.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Believe in Me’s Five Pillars of Caring: Basic Human Needs, Love & Belonging, Community Support, Education, and Enrichment Programs.

Donations to Believe in Me are tax-deductible to the extent permitted by law.